

# TEN NEVERS IN PHYSICAL THERAPY

1. Never say you can't, because you'll do it anyway.
2. Never say, "it's easy," because we'll just make it hard.
3. Never, say, "I want to go home," because you'll just stay longer.
4. Never lose count because you'll start at one again.
5. Never complain because we never listen.
6. Never argue because you'll never win.
7. Never scream or cry because it only encourages us.
8. Never look like you're enjoying it because we'll put a stop to it.
9. Never hold your breath because if you pass out and die, we have to fill out the paper work.
10. Never lie or cheat because we know the truth and you'll regret it.